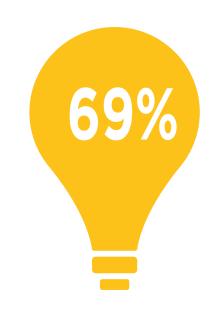
FOOD INSECURITY

"Food insecurity does not exist in isolation, as low-income families are affected by multiple, overlapping issues like the lack of affordable housing, social isolation, chronic or acute health problems, high medical costs, and low wages."(1)

Impossible Choices

Spending Trade Offs (2)



Had to Choose Between

Had to Choose Between Food Food and Utilities and Transportation

Had to Choose Between Food and Medical Care

Had to Choose Between Food and Housing

Had to Choose Between Food and Education

Coping Strategies (2)



Purchase Inexpensive Unhealthy Food



Receive Help From Friends or Family



Water Down Food or Drinks



Sell or Pawn Personal Property



Grow Food in a Garden

⁽²⁾ Feeding America Hunger in America 2014 Executive Summary; feedingamerica.org/sites/default/files/research/hunger-in-america/hia-2014executive-summary.pdf



⁽¹⁾ hungerhealth.feedingamerica.org/understand-food-insecurity/ August 2021

SAMPLE PROFILES OF THOSE WE SERVE

Neighbors Experiencing Reduced Income

- Father who lost second job
- Working couple now living on one income
- Middle-aged woman who lost her job due to a position elimination

Neighbors Experiencing Health Issues

- Pregnant woman, experiencing high risk pregnancy
- Senior citizen with chronic condition
- Veteran experiencing depression
- Nurse experienced "slip and fall" and husband fell off ladder
- Retired teacher with cancer

Familial Responsibilities

- Grandparents raising grandchildren
- Caring for elderly parent with dementia
- Single parent caring for children



GATHER'S REACH

| | FY 2018 | FY 2019 | FY 2020 | FY 2021 | PAST YEAR % CHANGE |
|------------------------------------|------------|------------|------------|------------|--------------------|
| Pounds of Food Distrubuted | 760,000 | 955,000 | 1,340,000 | 1,993,000 | 49% |
| | | | | | |
| Pantry Market Visits (1) | 11,400 | 26,810 | 32,400 | 28,900 | -11% |
| | | | | | |
| Mobile Market Visits (1) | 0 | 200 | 2,200 | 8,800 | 305% |
| | | | | | |
| M4K Visits (1) | 5,700 | 6,700 | 15,700 | 23,500 | 50% |
| | | | | | |
| Cooking 4 Community Prepared Meals | 1,200 | 16,700 | 16,300 | 22,000 | 35% |

(1) In FY 2021 Gather increased number and frequency of mobile distributions (mobile market and M4K) and experienced reduced capacity in the Pantry Market due to Covid required social distancing.

